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4 February 2013 is World Cancer Day



On the occasion of the World Cancer Day on 4 February 2013 the Cancer Society of Bremen organizes an information day for the press, politicians, health care officials and other interested people and will present the kindergarden project “SunPass – Healthy Sun Fun for Kids”.

In 2009, the European Skin Cancer Foundation (ESCF) and partners started the project to honor kindergardens for their active efforts in sun protection. Since the beginning 70 kindergardens from nine counties in Germany successfully finished their sun protection training and are awarded with the SunPass certificate. After the evaluation of 55 kindergardens it was identified that there are measurable successes in sun protection. In cooperation with the German Cancer Society and its subsidiaries about 60 further certifications are set to follow in 2013, some of them in Bremen.

In the afternoon the information day will be continued. The topics are “Living with cancer – What support is available?” and “Cancer in Bremen, in Germany and in the whole world – what is the importance of cancer registries?” Despite of better chances of cure most of the people are still very afraid of cancer. Interested people will get answers of their questions during this information day.

The World Cancer Day is held each year on 4 February and is led by the Union for International Cancer Control (UICC). More than 300 membership organizations from more than 100 countries participate in the information day. The aim is to increase the knowledge of cancer and to inform on a healthy lifestyle and the chances of cancer screenings.

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/4-february-2013-is-world-cancer-day.html>

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Age spots may indicate skin cancer

Age spots should always be checked by a doctor. These skin discolorations of the back of the hands, forearms, face and of décolleté are usually harmless. Nevertheless, they are an indicator that the skin is chronically damaged by UV radiation, explains the Professional Society of German Dermatologists (BVDD) in Berlin. These spots could be the first signs for skin cancer.



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People at the age of 40 with age spots should protect their skin against UV radiation with sunscreen with a high protection factor in order to prevent more skin damages. According to the BVDD the use of sunscreen during the winter when skiing or on long-haul journeys is important as well as the use of sunscreen on the hands. (Source: dpa)

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/age-spots-may-indicate-skin-cancer.html>

Euromelanoma-Week in June 2013

"If you spot it, you can stop it" is the motto of the Euromelanoma Campaign 2013. In Germany it will take place from 3-9 June 2013. The date was postponed to June due to the fact that the German Dermatology Society will hold their main conference in May 2013.





The main focus will be on the self-inspection of the skin in order to find suspicious skin changes very early. “The aim is to detect skin changes at an early stage and to consult a doctor immediately”, explains Ralf Blumenthal from the press office of the Professional Society of German Dermatologists (BVDD) in Euskirchen.

Every ninth people has participated in the Euromelanoma-Campaign in the last year, because they noticed suspicious skin changes. Every tenth patient has got already once the diagnosis skin cancer. This is shown by a statistically evaluation of 2602 forms for the documentation during the Euomelanoma in Germany. Across all age groups, woman used the prevention offer more often (61,76 percent) than men do. At every eighth examined person there was a suspicion of a skin tumor.

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/euromelanoma-week-in-june-2013.html>

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