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New Developments in the Prevention and Therapy of Skin Cancer during the „Summer Skin Symposium 2013“



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After the anniversary celebration last year the Skin Cancer Centre Charité organized the 11th Summer Skin Symposium in the Kaiserin-Friedrich-Haus on 29th May 2013 in cooperation with the Charité Comprehensive Cancer Center.

About 200 dermatologists in practice from Berlin and Brandenburg, dermatologists from the department of Dermatology, Venerology and Allergology of the Charité and of other hospitals as well as medical students and scientists informed themselves on 29 May 2013 about different topics of dermatology.

These topics included new therapies of cutaneous lymphoma, developments of radiotherapy of tumors, new guidelines of the malignant melanoma as well as psychosocial aspects of the skin cancer therapy. The aim of the annual event is the transfer of knowledge between theory and practice but also the exchange of experiences about treatment options of skin cancer.

In the breaks several industrial exhibitors showed new skin care and sunscreen products. The European Skin Cancer Foundation presented its projects and awareness campaigns. After the event the discussions continued during the buffet. The next Summer Skin Symposium will take place in June 2014.

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/aktuelle-entwicklungen-zur-praevention-und-therapie-von-hautkrebs-auf-dem-sommerhautsymposium-2013.html>

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Children's skin should get slowly accustomed to the sun

The best protection against skin cancer later in life is to avoid too much sun in the childhood. This is pointed out by the German Cancer Aid in Bonn. Therefore, babies should not be exposed to the sun at all, in the first year of their life and children and young people should not go to the solarium. The skin can be slowly accustomed to the radiation by short stays in the sun, but sun burns have to be avoided. In principle, you should stay in the shadow at noon from 11 a.m. to 3 p.m.

Each child should be protected by wearing suitable clothes of closely woven material, as well as headgear, sun glasses, neck guard and shoes covering the back of the foot, as well as sunscreen. According to the Cancer Aid the UV protection factor 30 or the test seal "UV standard 801" are good identifications for sun protection clothing. Suitable sun glasses are marked with DIN E 836 and the standard UV 400



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The sun screen should have the sun protection factor 30, should contain no perfume and should protect against UV-A and UV-B radiation. You should apply it thickly, evenly and repeatedly on all uncovered parts of the body, especially on the so called sun terraces like nose, ears and lips. While swimming, children should wear a t-shirt and should be creamed again after swimming. (Source: dpa)

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/childrens-skin-should-get-slowly-accustomed-to-the-sun.html>

Do not forget sun protection on long car journeys

During long car journeys people should protect themselves with sunscreen in order to prevent skin cancer. This applies to closed car windows as well. It is best to choose a product with UV-A protection and a sun protection factor of at least 15. This is recommended by Wolfgang Wesiack, president of the Professional Association of German Internists in Wiesbaden.



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The normal window glass only blocks the short-wave UV-B radiation effectively, but the long-wave UV-A radiation, can penetrate laminated windscreen to a large extent, explains Wesiack. People should apply sunscreen especially on their head and neck as well as their arms.

(Source: dpa)

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/do-not-forget-sun-protection-on-long-car-journeys.html>

Horny skin areas could be an early type of non melanoma skin cancer

Horny skin areas should be examined by a dermatologist. Because it is possible that these areas are so called actinic keratoses, an early form of non melanoma skin cancer. This is pointed out by Holger Petering from the Professional Association of German Dermatologists (BVDD) in Berlin.



Actinic keratoses are pinhead-sized, in some cases reddish or brownish and occur in groups. The so called sun terraces are particularly affected. These include nose bridge, forehead, ears, back of the hands, forearms and the hairless scalp. Bright skin types and people who often stay outside belong to the risk group.

In every 5 cases non melanoma skin cancer will develop from actinic keratoses. If early detected these horny areas could be removed without great effort. That is the reason why Doctor Petering advises the regularly screening at the dermatologist. (Source: dpa)

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/horny-skin-areas-could-be-an-early-type-of-non-melanoma-skin-cancer.html>

You find more news and information about the ESCF at: www.escf-network.eu or here:



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