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The prohibition of using solariums by people under 18 years old is declared constitutional



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The prohibition of using solariums by people under 18 years old is declared constitutional. The Federal Constitutional Court decided, that the protection of minors against possibly carcinogenic UV-radiation is a good enough reason for its prohibition. The judges dismissed a complaint of a 17 years old teenager, her parents and a solarium operator. Since 2009 the use of solariums by minors is forbidden. Dermatologists praised the decision. (Az. 1 BvR 2007/10).

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Only one third goes to early detection

Skin cancer is the most frequent type of cancer worldwide. Each year, there are 250.000 new cases in Germany. That means skin cancer is currently one-quarter of all cancer diseases. At the same time, skin cancer can be treated successfully in most of the cases, if it is early detected.

Nevertheless, in 2009 and 2010 only every third of the insured people of the "Techniker Krankenkasse (37 percent) aged 35 or over have used the skin cancer screening. This is shown by a current evaluation of the Techniker Krankenkasse (TK). A survey conducted by Forsa on behalf of the TK may

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provide the reasons. Four out of ten people only go to the doctor if they are really sick. A third of the respondents do not know which type of early detection examination is actually available.



“The earlier skin cancer is detected, the greater is the chance to treat it”, says Florian von Stern, expert of early detection at the TK. A lot of people have doubts, if they should go to the skin cancer screening on a regular basis, because of intensive sun exposition in the past or they have sensible skin or they have skin cancer in their family background”, advises von Stern. (From press release of TK, January 2012)

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/nur-jeder-dritte-geht-zur-frueherkennung.html>

Better protection against UV-rays in solariums

Since this year, tanning bed users are protected better against the dangerous UV-rays. Now there is a new regulation for UV-protection, informed the German Cancer Aid. Thus, till August 2012 the equipment, which is not conform to European standards and irradiates the skin with more than 0,3 Watt per square metre, has to be changed.



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The new equipment must switch off by itself, if the tubes comes too close to the skin, the maximum radiation doses has exceeded or if an emergency arises.

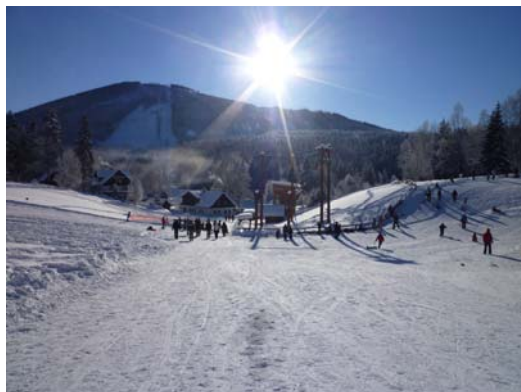
Tanning bed users have to be warned more clearly against UV-induced damages of skin or eyes. Furthermore, consumers will get protective glasses and an advice regarding the skin type. The Working Group Dermatological Prevention points out, that the use of a solarium will increase the risk of skin cancer anyway. People younger than 35 years old increase the risk of a harmful malignant melanoma to 75 percent, if they use the tanning bed regularly. (dpa)

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/better-protection-against-uv-rays-in-solariums.html>

Protect the skin with lipid enriched sunscreen in winter

For wintersportsmen it is necessary to protect their skin against the cold and UV-Light with an additional lipid enriched sunscreen. The products used in the summer which are based on water in oil-emulsions or gel are not sufficient enough in the winter, explained the consumer portal www.haut.de.



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Not only UV-radiation is much higher in the mountains, but also strong winds and the ice cold temperatures makes it hard for uncovered body parts like neck and hands.

When applying sunscreen, especially the so called "sun terraces" of the face such as nose, ears and a lower lip should not be forgotten. (dpa)

See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/protect-the-skin-with-lipid-enriched-sunscreen-in-winter.html>



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