

### *In this edition:*

1. **ESCF develops and coordinates new S3-Guidelines for the treatment of actinic keratoses**
2. **Ban of sunbeds for models in London**
3. **Skin Cancer Screening from the age of 16 up**
4. **Daylight better than solariums**

### *ESCF develops and coordinates new S3-Guidelines for the treatment of actinic keratoses*

The European Forum for Dermatology (EDF) has commissioned the development of new guidelines for the treatment of actinic keratoses. Immediately, the European Skin Cancer Foundation (ESCF) will start their coordination. The ESCF will disseminate the new knowledge, organize workshops and will also monitor the application of the new so called S3-guidelines for actinic keratoses.



Actinic keratoses are the early form of non melanoma skin cancer: small skin coloured or reddish rough parts of the skin changes to shed like nodules. Over years they arise on the so called sun terraces of the skin due to strong UV-light exposition. Actinic keratoses are the first appearance of a squamous cell carcinoma (non melanoma skin cancer); about 10 percent of them become an invasive squamous cell carcinoma. This means an increasing risk of metastasis.

### See more at:

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/escf-koordiniert-neue-s3-leitlinien-zur-behandlung-von-aktinischen-keratosen.html>

---

[WWW.ESCF-NETWORK.EU](http://WWW.ESCF-NETWORK.EU)

---

#### Contact details

ESCF - European Skin Cancer Foundation  
c/o Kaiserin-Friedrich-Haus  
Robert-Koch-Platz 7  
10115 Berlin, Germany

#### Head

Univ.-Professor Dr. med. Eggert Stockfleth  
Tel. +49 (0)30 - 450 518 266  
Fax +49 (0)30 - 450 518 966  
[e.stockfleth@escf-network.eu](mailto:e.stockfleth@escf-network.eu)

#### Manager

Birgit Hinrichs  
Tel. +49 (0)30 - 450 518 358  
Fax +49 (0)30 - 450 518 935  
[b.hinrichs@escf-network.eu](mailto:b.hinrichs@escf-network.eu)

#### Public Relations

Stefanie Schnarr  
Tel. +49 (0)30 - 857 489 405  
Fax +49 (0)30 - 857 489 411  
[s.schnarr@escf-network.eu](mailto:s.schnarr@escf-network.eu)

#### Foundation board

Univ.-Professor Dr. med. Eggert Stockfleth  
(Chairman)  
Univ.-Professor Dr. med. Wolfram Sterry  
Univ.-Professor Dr. med. Helmut Kerl  
Dr. Markus Heuel  
Peter Schouten

[www.Facebook.com/ESCF.Network](http://www.Facebook.com/ESCF.Network)

---

---

#### Account details

Account holder:  
Stiftungsverband für die  
Deutsche Wissenschaft

Bank: Deutsche Bank AG, Essen  
Bank code: 360 700 50

Account number:  
247 190 210

IBAN: 48 360 700 500 247 190 210  
BIC: DEUTDEDE

### *Ban of sunbeds for models in London*

For most of the models there is a strict ban of sunbeds on the catwalk during the London Fashion Week. Several large model agencies have joined a skin cancer campaign of the British Cancer Aid, reported the organization Cancer Research at the beginning of the London fashion week. Only models who are not solarium tanned are allowed to work for them.



Fashionshow © Maclatz / pixelio.de

“It is well documented that UV-light of the sunbeds can cause serious damage mainly among young people under 35 years old”, said Sara Doukas of the agency Storm. Instead they advise the young women to let oneself spray on an artificial tan which is harmless. “Normally models are trendsetter, therefore, we hope that this message reaches all who think sunbeds were cool”, said a spokesman of the First Model Management.

Source: dpa

**See more at:**

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/sonnenbank-verbot-fuer-models-in-london.html>

### *Skin Cancer Screening from the age of 16 up*

Since the beginning of this year insured persons of the Barmer GEK in Berlin aged 16 years are allowed to go to the skin cancer screening every two years. This corresponding agreement 73c can be jointed only by dermatologists who have the permission to do the screening.



The budget remuneration is outside the morbidity related compensation packages. “Each year more than 200.000 patients including many young people get a diagnosis of skin cancer in Germany. Therefore, our motto must be: prevention is better than cure”, explains Burkhard Bratzke, member of the board of the “Kassenärztliche Vereinigung (KV ) Berlin and dermatologist.

Source: Professional Association of German Dermatologists (BVDD) [www.bvdd.de](http://www.bvdd.de)

**See more at:**

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/hautkrebsceening-schon-ab-16.html>

---

### *Daylight better than solariums*

The use of the solarium is not appropriate to engage the body’s own production of vitamin D.



© Jens Lindmayer/pixelio.de

The UV-radiation is so intensive like the sun at noon at the equator. Experts from the German Cancer Aid and the Working Group of Dermatological Prevention (ADP) warn that therefore the use of sun beds increase the risk to develop skin cancer. They recommend to be outdoors every day and to expose face and arms to the natural light (sunlight) for 15 to 20 minutes per day. With the help of this dose of UV-Light the body can produce vitamin D precursors in the skin and can therefore ensure the need of vitamin D.

In winter it is more difficult to receive sufficient vitamin D from the sunlight. But at this time the body uses the reserves of vitamin D from summer, refers Professor Eckhard Breitbart of the ADP. The own synthesis is reduced with increasing age, with illness and nursing care. Professor Breitbart advises these people to determine the vitamin-D-level by a dermatologist. The doctor will possibly prescribe a vitamin-product.

Source: *dpa*

**See more at:**

<http://www.escf-network.eu/en/welcome/news/newsdetails/article/daylight-better-than-solariums.html>



---

You find more news and information about the ESCF at: [www.escf-network.eu](http://www.escf-network.eu) or here:



---

### Newsletter Editorial of the ESCF

Stefanie Schnarr  
Kaiserin-Friedrich-Haus  
Robert-Koch-Platz 7  
10115 Berlin  
Tel: 030/450 618 375  
[s.schnarr@escf-network.eu](mailto:s.schnarr@escf-network.eu)  
[www.escf-network.eu](http://www.escf-network.eu)

If you did not receive the newsletter directly from us, but you would like to get information of the ESCF on a regular basis, please mailto: [s.schnarr@ESCF-network.eu](mailto:s.schnarr@ESCF-network.eu) with **subject: subscribe**

If you no longer want to receive the newsletter in future, please mailto: [s.schnarr@ESCF-network.eu](mailto:s.schnarr@ESCF-network.eu) with **subject: unsubscribe**